COLORING OUTSIDE THE LINES: Consent, Negotiation & Boundaries in Poly & CNM Relationships with Dr. Eli Sheff

Date: Saturday, July 7, 2018
Time: 1:30 – 4:30 pm*
Location: TRIBE Healing Arts Center
1819 W. Belmont, Chicago

Workshop Fee: $30/person
For more info or to register:
greenlee@lifeworkspsychotherapy.com

Eli Sheff, Ph.D., nationally recognized researcher and author, will be our guest presenter for this special Chicago Poly Community event, a part of her 2018 multi-state tour.

Considering consensual non-monogamy means coloring outside the lines: it is not always clear how to go from the desire to be open to the actual practice of CNM. In this workshop, Dr. Eli Sheff explains consent, provides some tips for positive negotiation, explores boundaries, provides some exercises to help develop boundaries and explains some barriers to establishing and enforcing boundaries. There will be time for discussion and questions.

* This community workshop will follow a lunch break after the monthly Poly Support Group from 10 am – noon.

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Dr. Sheff is one of a handful of global researchers and authors on polyamory and consensual non-monogamy (CNM), and the foremost academic expert on children in polyamorous families. She is the author of The Polyamorists Next Door: Inside Multiple-Partner Relationships and Families which details her findings from the first 15 years of the longitudinal Polyamorous Families Study. She is also the author of Stories from the Polycule and When Someone You Love is Polyamorous.

REGISTER NOW!
Email to greenlee@lifeworkspsychotherapy.com or Call 847-568-1100

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